

## Training Workshop in Narrative Exposure Therapy (NET)

September, 6<sup>th</sup> (9-17:30) and 7<sup>th</sup> (9-16:30), 2024

### NET

Narrative exposure therapy is an evidence-based approach for the treatment of trauma-related psychological disorders caused by organized or family violence. Unlike many other exposure methods, NET does not just focus on the experiences that are considered traumatic, but processes them in the context of the life story. This is particularly necessary when more than one traumatic experience needs to be processed. As part of a NET treatment, a narrative of one's life story is developed with the therapist, with the focus on dealing with the traumatic events and contextualising these experiences.

### Aims and content of the training

This course aims to teach the theoretical principles of NET as well as the practical approach. Special emphasis is placed on practical demonstrations or exercises in small groups where the application of the method can be tried out under the supervision of experienced NET therapists.

### Target participants

The training is designed for mental health professionals who work with clients (children and adults) who have been exposed to traumatic events. We foresee that participants for this training will be interdisciplinary and will come from local community and national and international settings.

Accreditation of the training course has been applied for with the NRW Chamber of Psychotherapists.

### Costs

The fee for the two-day course is €360. This includes catering during the coffee breaks. Lunch will not be provided.

The course language will be English.

We look forward to your participation in the training.



*Prof. Dr. Frank Neuner, Psych. Psychotherapist  
Clinical Psychology and Psychotherapy  
Bielefeld University*



*Prof. (apl.) Dr. Claudia Catani, Psych. Psychotherapist  
Clinical Psychology and Psychotherapy  
Bielefeld University*

### Location

Outpatient Clinic of  
Bielefeld University  
(PAdUB)  
Philipp-Reis-Platz 1a  
33602 Bielefeld

### Further information and registration

Registration via registration sheet (by e-mail or post)  
For further information please contact  
[Fortbildung.psychotherapie@unibielefeld.de](mailto:Fortbildung.psychotherapie@unibielefeld.de)